

## Trading Psychology and Performance Recommended Reading List

Here is a list of books (not extensive by any means) that are worth reading to help to develop your trading psychology and performance.

Behavioural Investing, *James Montier (Behavioural Finance)*

Enhancing Trader Performance, *Brett Steenbarger (Developing Trader Performance)*

Fooled By Randomness (OR Black Swan), *Nasim Taleb (Randomness and Probabilities)*

High Performance Trading, *Steve Ward (Practical Techniques and Strategies)*

Moneyball, *Michael Lewis (Measuring and Evaluating Performance)*

Stress For Success, *James Loehr (Peak Performance Habits)*

Trading In The Zone, *Mark Douglas (Overcoming Fear, Developing Positive Beliefs)*

Trade Your Way To Financial Freedom, *Van Tharp (Psychology and Position Sizing)*

Trading Athlete, *Shane Murphy and Doug Hirshorn (Sports Comparisons/Practical)*

Thinking Fast and Slow, *Daniel Kanneman (Decision Making)*

Think Twice, *Michael Moubassin (Decision Making)*

Your Money and Your Brain, *Jason Zweig (Neuroeconomics)*